Jersey is the perfect place to unwind, liberate your soul and nourish your mind. Reconnect in the natural elements of Jersey and retreat for a long weekend escape. Settle into Jersey's laid back pace and way of life.

Here’s what visitors shouldn’t miss this autumn during their island break…

**Day One**

**Pre-Breakfast**

What better way to reconnect with family and friends, than to kayak along Jersey’s unspoilt coastline and catch first light? Start your day with a sunrise kayaking tour with Pure Jersey. Enjoy the peace and tranquility of island life at this time of the morning. Experience the breathtaking light as the soft morning colours start to filter through and create a silhouette of Jersey’s stunning coast. Finish the tour refreshed and energised, hungry to start your day.

**Find out more:** [https://www.jersey.com/pure-jersey-sea-kayaking](https://www.jersey.com/pure-jersey-sea-kayaking)

**Breakfast**

Get stuck in to the 'most important meal of the day' at DL’s Deli & Café with its airy American loft feel, situated above the Harbour Gallery – a wonderful place to start the day enjoying special views across St Aubin’s Harbour. After breakfast take some time to enjoy the local art or try a workshop at the Gallery downstairs.

**Find out more:** [https://www.jersey.com/harbour-gallery-jersey](https://www.jersey.com/harbour-gallery-jersey)

**Morning Wander**

Meander and explore the beautiful harbour village of St Aubin, stroll up the old Railway Walk to Jersey Bike Hire and chose from a range of bikes, why not try 'a bicycle made for two' and literally reconnect with your partner on your way to the iconic Corbiere Lighthouse. The ultimate 'togetherness' experience where you will find time to chat and enjoy the scenery and bird song in tandem.

**Find out more:** [https://www.jersey.com/jersey-bike-hire](https://www.jersey.com/jersey-bike-hire)
Bird Tour & Wetland Centre Visit

Reconnect with nature - go for a walk without your mobile and connect! Meet one of Jersey Uncovered's knowledgeable guides at the concealed Wetland Centre and Bird Hide, in part of Jersey's first-rate National Park. Enjoy stunning views, an ancient dunes system, and a haven for birds, wildlife and plants. Jersey Uncovered’s expert ornithologist will take you on a journey of discovery as you visit the island’s largest area of wetland. This is a chance to get close to nature in a unique setting, with a local guide who is a wildlife oracle!

Find out more: https://www.jersey.com/jersey-uncovered-blue-badge-tourist-guides

Lunch

Drop in for lunch at El Tico Beach Cantina - Jersey’s original beach café. It is a world class destination for fabulous food, great wine and a glorious beachside setting with a chilled friendly vibe. El Tico is the perfect venue for sharing good times and reconnecting with friends and family.

Find out more: https://www.jersey.com/el-tico-beach-cantina

Greenhouse Spa & Fitness Centre

After your laid-back lunch, with a view to die for, make the return journey to St Aubin's to drop off your tandem bike. Sit by the pier in St Aubin's Harbour and watch the world go by before making your way to the Greenhouse Spa situated in the stunning Chateau Vermont, one of Jersey's finest properties, located in a peaceful countryside setting of St. Saviour. Reconnect with a choice of sensual spa treatments, from a Greenhouse Muscle Melt or a Mother of Pearl Body Scrub to the Greenhouse Tapas Treatments where you can build your own spa experience with up to five different treatments lasting 30 minutes each. It's all about you.

Find out more: http://greenhousespaandfitness.com/spa

Dinner

Settle down to a food lovers dream at Bohemia Bar & Restaurant. Bohemia’s first-rate cuisine places it firmly on the gastronomic map as a food-lover’s destination, with a wide selection of menus to suit your appetite from classic to prestige. If you really want to experience ‘interactive dining’ in the heart of a Michelin starred kitchen then take your exclusive seat at the Chef’s Table for a gastronomic treat – not for the faint hearted.

Find out more: https://www.jersey.com/bohemia-bar-restaurant
Day Two

Breakfast

Relish breakfast at this beach side cafe tucked away in the north-west corner of the island. **Colleen’s Café** overlooks the beautiful bay of Greve de Lecq, so arrive early and take a stroll along the seashore appreciating the sunrise, before you settle down for a laid-back breakfast.

Find out more: [https://www.jersey.com/colleens-cafe](https://www.jersey.com/colleens-cafe)

Classic Farm Tour with Jersey Uncovered

Connect with Jersey’s farming heritage and step behind the scenes at one of Jersey’s family run dairy farms. Meet the island’s most beloved resident and top celebrity, the beautiful Jersey cow. See how its super creamy milk is transformed into a vast array of mouth-watering dairy products, and as this award-winning enterprise has a farm shop and café, you can taste and buy the farm’s wares.


Lunch

Stay for lunch at the **Classic Tea Room**, locally owned and family run where they pride themselves on quality wholesome food, sourcing many of their ingredients direct from the farm and other local producers. Taste our Jersey Bean Crock, a traditional dish of slow cooked mixed beans and pork, true comfort food!

Find out more: [https://www.jersey.com/classic-tea-room](https://www.jersey.com/classic-tea-room)

Coastal Foraging with Wild Adventures

What’s better than learning something new. Kazz’s Grandmother passed down her foraging skills, which she discovered during the WWII German occupation. Kazz aims to give kids and adults a taste of this foraging world, which he believes will help people reconnect to nature, harvesting a better understanding of their environment. Join him for a Wild Food Forage in the wilds of St Ouen’s. Kazz supply’s wild foods to a number of the island’s restaurants including Ormer.

Find out more: [https://www.jersey.com/wild-adventures-jersey](https://www.jersey.com/wild-adventures-jersey)
Ormer’s Taster Menu

Get a taste of culinary invention at the second restaurant of your stay, Ormer in the centre of St. Helier. This Parisian style wood panelled restaurant is the backdrop for Shaun Rankin’s outstanding cooking. Shaun is a champion of fresh and foraged fare, so you’re more than likely to find local sea herbs like salty fingers and sea purslane on the menu - all sourced by Jersey’s wild food expert, forager Kazz Padidar.

Find out more:  https://www.jersey.com/ormer-restaurant

Day Three

Breakfast

Explore your artistic side and pop into CaféJac located at the Jersey Art Centre. Check out the exhibitions before grabbing your morning coffee. Enjoy its globally inspired breakfast dishes, from breakfast burritos to the legendary CaféJac pancakes, made fresh and fluffy to order.

Find out more:  https://www.jersey.com/cafejac-jersey-arts-centre

Heritage Landscape - Dolmens of Jersey

Experience Jersey’s past by visiting a number of Neolithic dolmen and passage graves, many of which are free to access. Jersey Heritage have put together a self-guided downloadable guide so you can explore at your own pace. Don’t miss La Hougue Bie (4000BC), one of the oldest passage graves in Europe and the tenth oldest building in the world!

Find out more:  https://www.jersey.com/dolmens-jersey

Lunch

Jersey is a small island famous for its food, so stop for lunch at this great location. With its sea and castle views, the Crab Shack Gorey offers a great choice of fantastic local seafood. Favourites such as fish and chips along with great choices for meat-eaters means an amazing eating experience full of authentic local flavour. Just bring a healthy appetite.

Find out more:  https://www.jersey.com/jersey-crab-shack-gorey

Discover our Island Story with Jersey Heritage

Once lunch is taken care of pop across to Mont Orgueil Castle and explore one of the world’s finest examples of a medieval castle which has cast its shadow over the
beautiful fishing village of Gorey for over 800 years. Take in breath-taking views of the French coast as you delve into the network of staircases, towers and secret rooms to discover hidden treasures. Discover secret artwork commissioned to tell the story of the castle and climb the turrets to find the medieval ‘wheel of urine’.

Find out more: https://www.jersey.com/jersey-heritage-mont-orgueil-castle

Dinner

Before your evening exploits have an early dinner at La Cantina Restaurant. The menu is a showcase to the incredible produce that Jersey has to offer, with pasta made fresh in house every day along with sourdough base pizza’s. Fantastico!

Find out more: https://www.jersey.com/la-cantina-jersey-restaurant

History at Night – Photography Tour with Jersey War Tours

Spend a couple of hours with professional Jersey War Tour photographers on an evening photography tour with a difference – learn how to take amazing night-time, sunset or moonlit photos in some outstanding outdoor locations. This is a fascinating and often poignant look at the remaining traces of the dramatic WWII Occupation story.

Find out more: https://www.jersey.com/evening-photography-tours