Field to Fork
1 Day Itinerary
An island of rediscovery #theislandbreak

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Jersey, an island shaped by the sea where some of the most astonishing tides in the world circle the coast and feed the land. Our food is as fresh as the sea air. From field to fork in the time it takes for the tide to rise. Tuck into a serving of island life, where friendships are nourished, and moments are savoured. Visit Jersey and experience the island’s rich natural larder. Just bring a healthy appetite.

Itinerary Highlights

On an island that is only nine miles by five it’s astonishing how much you can experience in a day. An island famous for its food, Jersey’s bursting with flavour.

- Visit the iconic markets in St. Helier
- Take a speed boat around St. Aubin’s Bay
- Savour a seafood lunch
- From grape to glass, enjoy wine tasting at a local vineyard

Morning

Start the day by getting a feeling for the islands farming and foodie history at The Central and Beresford Street Markets. A great place to bag some fresh Jersey Royals and other Jersey produce to enjoy once you are back home. See the freshest fish and seafood on display, ask the vivier to shuck the oysters for you, there and then – a fun and inexpensive way to try this local delicacy. The markets are an integral part of Jersey’s heritage and a source of pride for many islanders and have served the community for over 200 years. Both markets are lively, full of colours and smells and home to a wide range of local produce and crafts.

www.jersey.com/central-and-beresford-street-markets
+44 (0) 1534 447818
S.Glendewar@gov.je
Take an easy 45 minute walk, bus (9, 12, 12a, 14, 15) or cycle from St. Helier to St. Aubin. Stopping off at the Jersey Sea Sport Centre where you'll put on a life vest and enjoy a whistle stop tour of the bay, viewing our beautiful island from a different perspective. A 15 minute trip will take in St. Aubin's Bay, viewing Elizabeth Castle, Noirmont Point, Belcroute Bay and St. Aubin's Fort.

www.jerseyseasport.com
+44 (0) 7797 738180
geoff@jerseyseasport.com

Lunch

Head further into the enchanting fishing village of St. Aubin where you'll see a fascinating tangle of historic houses and steep streets leading to sea view panoramas. The main action is clustered along the promenade - the Bulwarks - where a lazy stroll will take you past restaurants with shaded alfresco courtyards and decks and bars with harbour views where you can enjoy a plate of local seafood washed down with a glass of crisp white wine or a pint of the island’s Liberation Ale at The Old Court House – Bergerac’s local haunt.

www.liberationgroup.com/pubs/the-old-court-house-inn
+44 (0) 1534 746433
oldcourthouse@liberationpubco.com

Afternoon

Squeeze one last experience in to complete your foodie tour of the island. Go home ‘relaxed’ after sampling La Mare's wine, apple brandy, gin and chocolates!

Jump on the bus from St. Aubin towards St. Helier and alight at Millbrook (12, 12a, 14,15) where you should cross over the road to the bus top on the other side and take the bus from Millbrook to La Mare Wine Estate (7, 27, 28).

La Mare Wine Estate Guided Tour and Tasting, reconnect with nature in the beautiful vineyards and orchards of La Mare, in the heart of Jersey’s countryside. Savour handmade wines, spirits, preserves and more on tours and tastings or just chill out with a glass of the estates Royal Gin and Tonic overlooking the vines.

Karen Jones – Head of Sales
www.lamarewineestate.com
+44 (0) 1534 481178 (option 5)
admin@lamarewineestate.com

Discounted group rates available – max 140 for tours and activities.
Private tours available on request.
Commissionable rates available, contact Karen Jones.

Bus tickets – Whilst visiting the island, you may want to use the Hop on Hop Off ticket. This pass allows unlimited travel for either 1, 2, 3 or 7 days with the ability to ‘Hop On’ and ‘Hop Off’ at any stop, on any route. These passes can be purchased from the Customer Service desk at Liberation Station or on the bus.

Liberty Bus
www. libertybus.je

For further information on any of these experiences please contact product@visitjersey.je