

## Short Breaks: 48 Hours in Jersey

See the best of the island in a weekend

An island of rediscovery #theislandbreak

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### TRIP DETAILS

With a flight time of around an hour, you can finish work on a Friday and be in Jersey in time for a late dinner by the sea. Imagine a weekend of waking up to views of cliffs, sea and sky, with the promise of bright and breezy beach walks in Jersey's sunlight.

Or finding a choice of spaces to unwind from bars and restaurants to beach cafes, natural swimming spots to sanctuary-style spas to relax in. Here's our insiders' itinerary to ensure you get the best out of the island even if you're just here for the weekend.

#### DAY 1 – Explore and experience

Pack your first day with some indulgent Jersey experiences and treat yourself to breakfast with a sea view, some local shopping and a gourmet meal to remember at one of the island's leading restaurants.

##### Morning – Beach café breakfast

Start your weekend Jersey-style with a sea-view breakfast at one of the island's famous [beach cafés](#). Find your spot at a sun-bleached table overlooking one of Jersey's beaches or bays and enjoy the vista with a mug of tea or coffee - breakfast always tastes even better eaten outside in the fresh sea air. You'll find a beach café in most of the island's bays, but if you'd like some inspiration, here are a few of local favourites.

##### Afternoon – Shopping and spa

[Shopping in Jersey](#) doesn't have to mean only the standard high street favourites or department stores. We've got those too of course, but venture further into St Helier's criss-cross of shopping streets to find independent boutiques and local shops where you can pick up unique souvenirs. For more quirky finds, head around the bay to St Aubin where antique shops and art galleries offer plenty of treasure-hunting opportunities. After shopping, it'll be time to relax, so head to one of the island's tranquil hotel spas to unwind for a couple of hours. If you're in town, the [Club Hotel and Spa](#) or [Spa Sirène at the Royal Yacht](#) offer a range of relaxing treatments, or try some rejuvenation by the sea at L'Horizon's spa and pool.

##### Evening – Gourmet discoveries

Jersey's famous for its food. The island of Jersey Royals, fresh Jersey milk and fresh from the fisherman fish and seafood, take advantage of our food heritage and treat yourself to a

meal at one of the island's leading restaurants. From the gastronomic magic of a Michelin-starred menu at [Ormer](#) to the simple perfection of freshly caught Jersey lobster by the sea, take advantage of the island's thriving food scene to try out a few new flavours. Discover [Jersey's nightlife](#), with the Weighbridge area's bars and real ale pubs to explore.

## **DAY 2 – Rebalance and restore**

Settle into Jersey's laid back pace of life and feel refreshed with beach walks and a fresh seafood picnic.

### **Morning – Pack a lunch picnic and explore**

Taste the real Jersey - make a stop at one of the island's food stalls or markets to pick up home grown ingredients and supplies. A locals' favourite is the [Fresh Fish Company's](#) harbour-side farm shop where you'll find freshly-caught fish and seafood, locally grown produce, fresh bread, home-baked cakes and deli ingredients - all perfect for an alfresco lunch picnic. Don't miss the chance to taste some of the island's local Liberation Ale or La Robeline Cider. And for a picnic with a view, why not visit one of Jersey's two castles - climb to the top of medieval [Mont Orgueil](#) at Gorey or take the castle ferry out to 17th century [Elizabeth Castle](#) in St Aubin's bay? They're an insight into the island's unique heritage, and both come with plenty of spots to admire the island views and take in the centuries of history.

### **Afternoon – Get outside**

After lunch, blow away the cobwebs and breathe in some fresh sea air and explore with a restorative coastal walk. With miles of cliff paths, beach walks and bays to explore, there are plenty of spaces to soak up the seaside atmosphere. Choose your [island side](#) - the north coast for its breath-taking cliff views and rugged wild beauty and the south and west coast for beaches that stretch for miles.